

# Jessica Sinarski

Author | Speaker | Creator of Behavior Rewired™



## Uniquely Tailored

Designed to reach your specific group, whether teachers-in-training, senior leaders, or everything in between



## Support that Sticks

Staff will gain practical tools and a strengths-based lens, all built on 20 years of work with those impacted by trauma



## Fun *and* Functional

Instead of dry data or fluffy PD, Jessica applies the very science she teaches in thoughtful, playful, and compelling ways



**LOVE IT!!!!**

Jessica really translates complex information into directly relatable pieces for whatever level you're at.

– Conference Organizer (CA)



LET'S BUILD PRACTICAL, TRAUMA-INFORMED BEHAVIOR CHANGE—TOGETHER!  
INFO@BRAVEBRAINS.COM | (302) 319-4298



# Brave Brains

BY JESSICA SINARSKI



**Transformative experience.**

Every element was so intentional. Just...Wow.

*-District Lead Behavior Interventionist (UT)*

## Signature Topics



Light Up  
the Learning  
Brain



Trauma,  
the Brain,  
& Hope



Behavior  
Rewired:  
Train-the-  
Trainer

## Bio

Jessica Sinarski, LPCMH is an author, educator, and the founder of BraveBrains. She partners with school districts and child welfare agencies around the world, translating neuroscience into action steps for kids and adults alike. Jessica ignites both passion and know-how in audiences through her books, training, and deeply trauma-informed resources.

**One of the best PD sessions I've attended in my career.** My brain is spinning with ideas.

*- School Counselor (MA)*

**This is the first time I haven't felt dismissed in a training about trauma.** I'm a hard nut to crack.

*- Security Officer (MO)*

**Fabulous!**

So easy to understand and explain to our kiddos.

*- Behavior Specialist (TN)*



INQUIRE ABOUT AVAILABILITY AT [BRAVEBRAINS.COM/SCHEDULE](https://bravebrains.com/schedule)  
BASED IN PHILADELPHIA, PA | WORKING INTERNATIONALLY