Jessica Sinarski

Author | Speaker | Creator of Behavior Rewired™



Uniquely Tailored

Designed to reach your specific group, whether teachers-in-training, senior leaders, or everything in between



Support that Sticks

Staff will gain practical tools and a strengthsbased lens, all built on 20 years of work with those impacted by trauma



Fun and Functional

Instead of dry data or fluffy PD, Jessica applies the very science she teaches in thoughtful, playful, and compelling ways



LOVE IT!!!!!

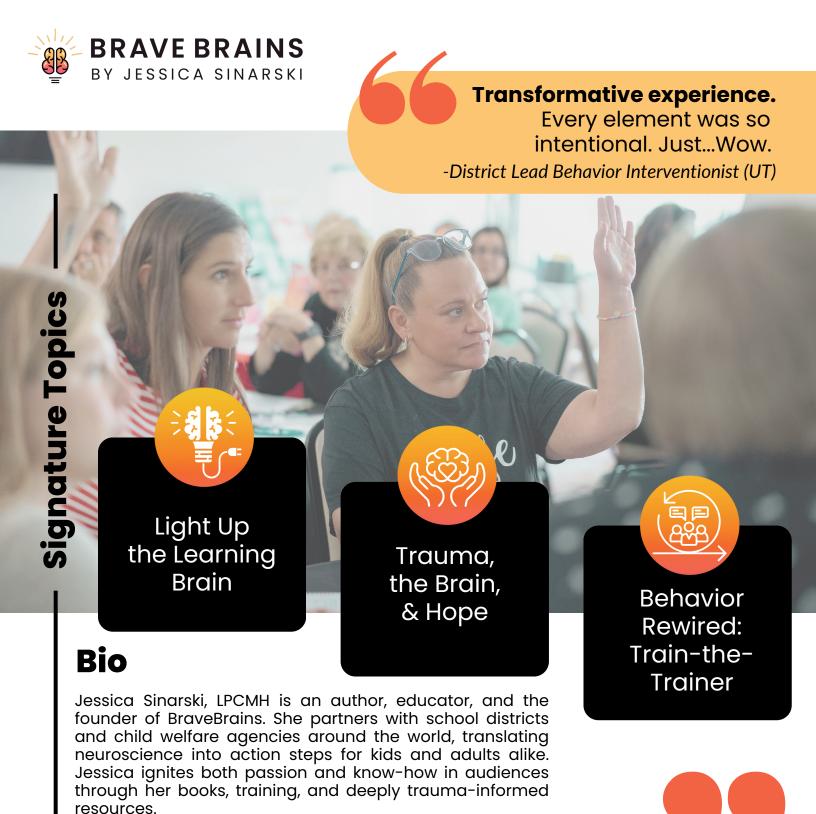
Jessica really translates complex information into directly relatable pieces for whatever level you're at.

- Conference Organizer (CA)









One of the best PD sessions I've attended in my career. My brain is spinning with ideas.

- School Counselor (MA)

This is the first time I haven't felt dismissed in a training about trauma. I'm a hard nut to crack.

- Security Officer (MO)

Fabulous!

So easy to understand and explain to our kiddos.

- Behavior Specialist (TN)